

School bus drivers assess an injured student for injuries. Multi-casualty bus accident 'live exercise' training for Pembina Hills Regional Division No. 7.



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LIVE EXERCISE EMERGENCY RESPONSE TRAINING



Police, ambulance and fire fighters work together during this live exercise. A student with a pencil impaled in his chest is extricated from an overturned school bus.

Training with a practical approach

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LIVE EXERCISE (SCENARIO) TRAINING

- Companies that provide annual live exercise training have experienced up to a 300% increase in first aid and emergency response performance.
- Employees acting as first aid attendants during live exercise training benefit from the practical experience of 'hands on' training.
- Performance reports and evaluations are completed and provide solid and useful feedback to employees participating in live exercises.
- Video productions of training and testing exercises provide on-going feedback for participants and all other employees.

To complement the information provided in this brochure, a 10 minute video has been produced to document a live-exercise training program developed for Pembina Hills Regional School Division No. 7.

- Walter Grossenbacher, having a very progressive safety philosophy for the student transportation department, contracted *Kosabeck Consulting Services* to provide live exercise training to their bus drivers.

Reference Contacts:

- Mr. Rhett Czaban—Director of Student Transportation—Northern Gateway Schools — 888-785-3396
- Mr. Walter Grossenbacher —Director of Student Transportation — Pembina Hills School Division — 780-674-8510
- Mr. Barry Billey - Director of Disaster Services, County of Barrhead No. 11 780-674-3331

More references—see my website at:
www.kosabeck.com



Live exercise training for school bus drivers — Pembina Hills School Division, Barrhead, Alberta.



Live exercise bus accident staged in Whitecourt, Alberta. Sponsored by Northern Gateway Schools—Student Transportation Department.

LIVE EXERCISE TRAINING

Kosabeck Consulting Services has been in the business of preparing and testing Health and Safety Plans and Emergency Preparedness & Response Plans for the past 8 years. Over 100 live exercises, staged as medical emergencies have been completed and the observations analyzed.

FIRST AID SKILLS WEAK

Observations recorded during live exercises demonstrated the following deficiencies:

- Effective first aid procedures are applied only **50%** of the time,
- Proper treatment for shock are applied only **30%** of the time,
- Critical interventions (I.e., spinal cord injury precautions, airway management) are only applied **25%** of the time they were needed, and
- Latex gloves and facial barriers for artificial respiration are used only 40% of the time.

DRAMATIC IMPROVEMENT

Companies that have committed to annual live exercise training have experienced up to a **300% increase in first aid and emergency response performance**. Employees acting as first aid attendants benefit from the practical experience of 'hands on' live exercise training. Performance reports and evaluations provide solid and useful feedback to employees participating in live exercises.



University of Alberta, field biologist live exercise training in remote areas.

LIVE EXERCISE TRAINING AVAILABLE

Kosabeck Consulting Services can provide group (large or small) 'live exercise' training to employees to complement their current first aid training. The practical experience and testing of skills is guaranteed to improve the employee's ability to deal with medical emergencies until emergency services arrive. Above all, we strive to provide a 'live' exercise that has the look and feel of reality. Our statement of commitment is to provide a live exercise that is **"as real as it gets without being real"**.

School Bus Drivers

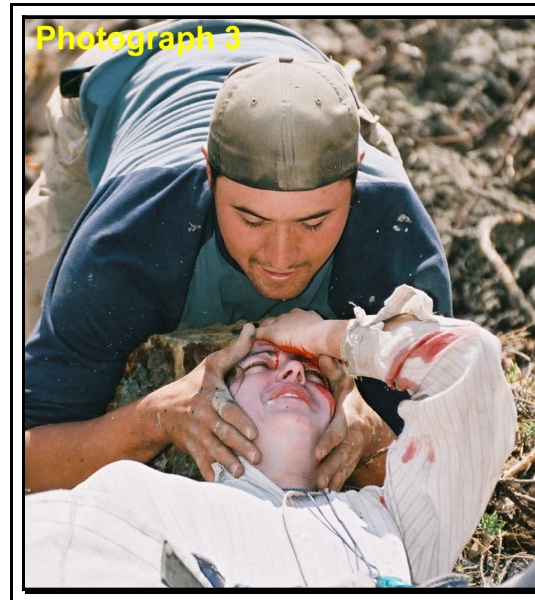
A school bus modified for training purposes is available to provide 'in-bus' training for school bus drivers. Being able to stage a live exercise in an 'over-turned' school bus provides a unique opportunity for school divisions to better prepare their drivers for multi-casualty accidents.



School bus modified for training . Available for group use .

ADDITIONAL TRAINING AVAILABLE

Kosabeck Consulting Services is able to provide on-site first aid training to meet Alberta Safety Code legislation. With 12 years of ambulance medic experience, and St. John Ambulance instructor training, we are certified to provide first aid, cardio-pulmonary resuscitation (CPR), Work Place Hazardous Materials Information System (WHMIS), and Transportation of Dangerous Goods (TDG) programs. Courses can be tailored to focus on the type of employee you need trained.



Live exercises require first aid attendants and assistants to apply treatment and procedures in 'real-time'. Trauma makeup and casualty coaching provides the realism that makes the training so effective.



Live exercise staged with tree planters in a forestry location only accessible by helicopter. Reliable communication and well trained first aid attendants are essential. Live exercises identify the 'holes' in a company emergency response plan.

REQUEST FOR TRAINING FORM

Mail this form or email a written request for a training quotation. (see address below)

- | | |
|---|---|
| Are you interested in a 'live exercise' training program? | Are you interested in a first aid training program? |
| <input type="checkbox"/> Yes, please contact me | <input type="checkbox"/> Yes, please contact me |
| <input type="checkbox"/> Yes, I will contact you | <input type="checkbox"/> Yes, I will contact you |
| <input type="checkbox"/> Not at this time | <input type="checkbox"/> Not at this time |

- | | |
|--|--|
| Are you interested in a Health & Safety Program? | Are you interested in an Emergency Preparedness & Response plan? |
| <input type="checkbox"/> Yes, please contact me. | <input type="checkbox"/> Yes, please contact me |
| <input type="checkbox"/> Yes, I will contact you | <input type="checkbox"/> Yes, I will contact you |
| <input type="checkbox"/> Not at this time | <input type="checkbox"/> Not at this time |

Comments: Please indicate the type of training or other information you may need.



Name _____

Address _____

Phone _____

Email address: _____

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